



SOLUMA
AESTHETICS

THINGS EVERYONE
WANTS TO KNOW
BEFORE TRYING
BOTOX

BY BIANCA MOON, PA-C
WWW.SOLUMAAESTHETICS.COM



1. What Is Botox, and How Does It Work?

Botox is a purified form of botulinum toxin derived from the bacterium *Clostridium botulinum*.* While it may sound intimidating, Botox is highly refined and specifically designed for safe and effective use in cosmetic and medical treatments. When injected into targeted facial muscles, it temporarily blocks nerve signals that cause muscle contractions, relaxing the muscles and smoothing out dynamic wrinkles—those caused by repeated facial expressions like smiling or frowning. Common areas treated with Botox include forehead lines, crow’s feet, and frown lines between the brows.

FDA-approved and extensively studied, Botox has been safely used for over two decades. In addition to its cosmetic benefits, it also treats medical conditions such as chronic migraines, excessive sweating, and muscle spasms. Its proven safety and versatility make Botox one of the most popular and trusted non-surgical treatments for achieving a more refreshed, youthful appearance.

2. Is Botox Safe?



When administered by a trained and experienced provider, Botox is considered extremely safe and is backed by decades of research and clinical use. The key to a safe and effective treatment lies in the expertise of the injector. At Soluma Aesthetics, we prioritize your safety by employing highly skilled medical professionals who are experts in facial anatomy and injection techniques. This ensures that Botox is delivered precisely to the intended areas, minimizing any risks and achieving natural, elegant results.

Botox® is one of several brands of wrinkle relaxers. Other FDA approved brands are Dysport®, Jeuveau®, Daxxify®, Xeomin®, and Letybo®. They all have an excellent safety profile, with millions of treatments performed globally each year. When referring to Botox in this guidebook we are referring to all wrinkle relaxers. Side effects are typically mild and temporary, such as minor swelling or redness at the injection site, and serious complications are exceedingly rare when performed by qualified providers. By choosing experienced practitioners, like those at Soluma Aesthetics, you can trust that your treatment is in capable hands, offering both peace of mind and stunning results.



3. Does It Hurt?

Most clients find Botox injections to be minimally uncomfortable, often describing the sensation as a small pinch or a quick sting. The needles used are very fine, and the injections are shallow, targeting specific muscles just beneath the skin. The procedure is also incredibly quick, typically lasting only 10–15 minutes, making it easy to fit into even the busiest schedule.

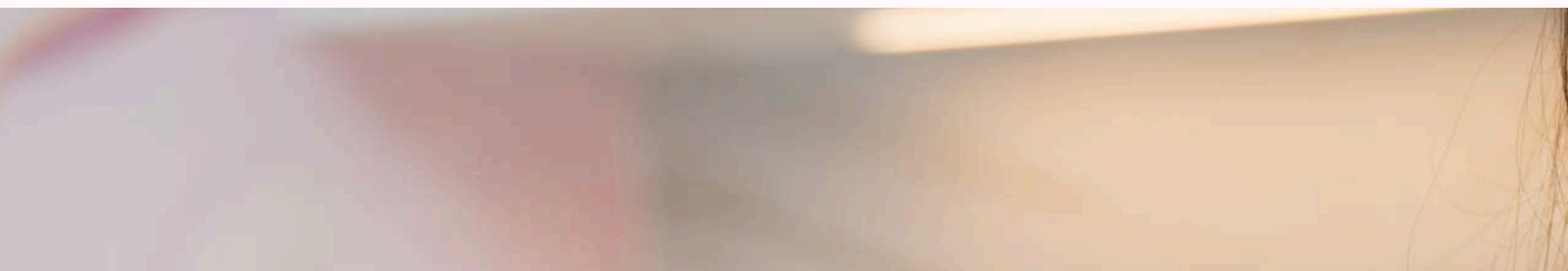
For those who are particularly sensitive to pain or anxious about needles, we offer options to ensure your comfort, such as numbing creams or ice packs to desensitize the area before treatment. At Soluma Aesthetics, our injectors are skilled at making the process as smooth and painless as possible, so you can relax knowing your comfort is a top priority. Most clients are pleasantly surprised by how quick and tolerable the procedure is, often comparing it to a routine beauty treatment like plucking eyebrows or getting a facial.



4. When Will I See Results, and How Long Do They Last?

You can expect to see initial results from wrinkle relaxers within 3–5 days, with full effects appearing around two weeks. This gradual onset ensures a natural-looking improvement as the targeted muscles relax and wrinkles soften.

Results typically last 3–4 months, though this can vary depending on factors like metabolism, lifestyle, and the treatment area. Areas with more muscle activity may metabolize Botox slightly faster. Regular maintenance treatments help preserve your results, and over time, consistent use may even train your facial muscles to stay relaxed longer. At Soluma Aesthetics, we tailor your treatment plan to your unique needs, ensuring long-lasting, natural-looking results.



5. What Are the Side Effects?



Common side effects of Botox are mild and temporary, with redness, swelling, or bruising at the injection site being the most typical, usually resolving within a few hours to a few days. Some clients may also experience mild tenderness or a sensation of tightness in the treated area, but these effects are generally brief and subside quickly.

Serious complications are extremely rare when Botox is administered by a qualified, experienced professional. At Soluma Aesthetics, we prioritize safety and precision, ensuring that your treatment is performed with the utmost care to minimize any risks. We also take the time to address any concerns, so you can feel confident in your decision and enjoy a smooth, safe Botox experience.



6. Will I Look Frozen or Overdone?

Not at Soluma Aesthetics! We believe in enhancing your natural beauty with subtle, elegant results that never look frozen or overdone. Our philosophy focuses on achieving a refreshed, youthful appearance that maintains your unique expressions and character. We tailor each treatment to your individual facial anatomy, ensuring the results are natural and undetectable.

Our expert injectors carefully assess your features and use precise techniques to relax specific muscles, leaving you with a smooth, rejuvenated look—without the stiff or exaggerated appearance that can sometimes occur with poorly done treatments. Our goal is to make you look like the best version of yourself, not “done,” so you can feel confident and radiant every day.



7. Is Botox Right for Me?

Botox is a great option for adults looking to reduce dynamic wrinkles, such as frown lines, crow's feet, and forehead lines. It's perfect for those seeking a youthful, refreshed look without surgery.

To determine if Botox is right for you, a consultation with our skilled injectors at Soluma Aesthetics will help assess your goals and ensure the treatment aligns with your aesthetic needs. We customize each plan to enhance your natural beauty and achieve your desired results.





Why Get Botox at Soluma Aesthetics?

EXPERTLY TRAINED INJECTORS

At Soluma Aesthetics, we redefine the Botox experience with expert care, personalized treatments, and luxury service. Our dermatology-trained PA, Bianca, brings years of specialized training in aesthetics and skin health. Unlike many injectors who split their time between traditional medicine and aesthetics, Bianca is fully dedicated to the art of aesthetic medicine. Trained by some of the top injectors in the country, she continually invests in advanced education to stay at the forefront of aesthetic innovation, ensuring your safety and delivering exceptional, natural-looking results.

TRANSFORMATIVE TREATMENT SOLUTIONS

At Soluma Aesthetics, we don't just treat; we transform. Our treatments are not just personalized; they are comprehensively designed solutions rooted in proven methods that deliver real results. We've developed proprietary treatment packages and holistic plans that are meticulously crafted for specific outcomes. These tried-and-true solutions ensure that each patient achieves comprehensive, transformative results. Rest assured, our approach has been carefully tested and refined to help you reach your aesthetic goals with confidence. When you choose Soluma, you're choosing a roadmap to your best self.



SOLUMA

AESTHETICS

gorgeous



5-STAR VIP CONCIERGE EXPERIENCE

Your experience at Soluma Aesthetics goes far beyond the treatment itself. From the moment you contact us, we provide attentive, personalized service. You'll never feel rushed or like "just another number." Unlike other clinics that double-book appointments, we dedicate ample time to each client to ensure consistent, high-quality care. After your visit, your dedicated Patient Care Concierge will follow up to ensure your satisfaction and answer any questions.

COMFORTABLE TREATMENTS

We prioritize your comfort every step of the way. From the use of effective numbing agents to the smallest needles available, our methods are designed to make your Botox treatment as painless and pleasant as possible. We also utilize distraction techniques to ensure you feel relaxed and confident throughout your visit.

Experience the difference at Soluma Aesthetics, where expertise, proprietary solutions, and personalized care combine to help you illuminate your best self.



READY TO ILLUMINATE YOUR BEST SELF?

AT SOLUMA AESTHETICS, OUR TEAM SPECIALIZES IN CREATING NATURAL, REJUVENATED LOOKS TAILORED TO EACH CLIENT. WE UNDERSTAND THAT EVERYONE'S FACE IS UNIQUE, AND WE'RE HERE TO GUIDE YOU THROUGH EVERY STEP OF YOUR BOTOX JOURNEY.

**SCHEDULE YOUR GET TO KNOW YOU
SESSION TODAY**





LISTEN TO THEIR STORIES!

LISTEN HOW LAUREN, DIANA, VIKO & MORGAN LOVED USING BOTOX AND HOW IT HELPS THEM FEEL MORE CONFIDENT AND COMFORTABLE IN THEIR SKIN!

TAP ON THEIR PICTURE TO HEAR THEIR STORY!



Botox with Natural Results



Over 100 5-Star Patient Reviews



I was honestly a little nervous about starting Botox and lip filler, especially being new to the Oviedo area, but I was confident injector Bianca was going to give me the results I wanted, and she DELIVERED! She knew exactly how much lip filler I needed based on my chin to nose ratio and knew exactly how much botox I needed for my 11's. Bianca took the time to listen to me and all my requests, she's a rockstar and will definitely be coming back for more before the holidays - thank you again Bianca!!!



Despite my skincare routine, I had persistent crows feet that wouldn't go away. Bianca's precise Botox injections around the eyes made me feel comfortable throughout the entire process. I noticed a significant reduction in wrinkles within just a week! The experience was incredibly professional, and I couldn't be happier with the results.



Botox with Natural Results



Over 100 5-Star Patient Reviews



I was worried about my forehead lines, but Bianca's Botox treatment exceeded my expectations. The lines are significantly less noticeable, and I still have natural movement in my forehead. She also applied Botox in my lower face, using chin tox to elongate my chin and DAOs to lift my smile. The contouring along my jawline and neck bands has beautifully enhanced my overall look. I'm thrilled with the results!



Bianca and her staff are detailed, efficient, and care about your aesthetic goals for the long run. I had an amazing experience here, 100% recommend to anyone who is looking to improve the health and appearance of your skin in an impactful and subtle way. Very grateful to have found her!!



Botox with Natural Results



Over 100 5-Star Patient Reviews



I never thought I'd try Dysport, but I'm so glad I did! Bianca worked her magic, smoothing out the fine lines on my forehead and around my eyes while keeping my expressions natural. The results are subtle but noticeable—exactly what I wanted. I feel refreshed but still completely like myself. It's the perfect solution for anyone looking for a natural, refreshed look! Soluma Aesthetics is the best!



Bianca is AMAZING! She is so gentle, calm, and reassuring. You can tell she totally knows her stuff! She has trained with some of the best of the best! I saw her for my lips and for Jeuveau. I cannot wait to go back and discuss more natural looking treatment options she mentioned.



Full Face & Neck Botox



SOLUMA
AESTHETICS

Hello
gorgeous



Begin Your Experience with Us

CONTACT US

WEBSITE

SOLUMAAESTHETICS.COM

PHONE

407.565.5907

FOLLOW US ONLINE

@ SOLUMAAESTHETICS



LOCATIONS

OVIEDO

1486 SWANSON DRIVE
OVIEDO, FL 32765

ORLANDO

30 W GRANT ST #129
ORLANDO, FL 32806
STUDIO 118



A GIFT FOR YOU!

RECEIVE A \$50 GIFT
CARD FOR YOUR
FIRST VISIT!

